

THE EVANGEL
Gloria de Cristo Lutheran Church
11273 E. 40th Street
Yuma,

March 2023
Volume 31, Issue 3



MISSION STATEMENT

Walking with Jesus to bring new life and hope to every person

TO ALL, CALLED BY GOD TO BE HIS OWN AND SENT INTO MISSION!

CHANGE...HAVE YOU EVER NOTICED HOW THINGS CAN CHANGE SO FAST?

The Vision process at Gloria de Cristo was a response to things that have changed over the years in the Yuma Foothills. At our annual meeting, you heard a report on the short-term goals of GdC, which included:

Contacting all members who had not returned to worship post covid.

This is going well, thanks to volunteers!

New opportunities for involvement. This way, more people can be invited into the work/fellowship of the church...and it becomes "their church". People are being invited to take part!

New Bible Studies. One new Bible study has just been completed and another one will follow after Easter, along with new Bible studies in the Fall!

Worship Sound Upgrade. We are all painfully aware that our sound system has been failing us for years. Now that we have people from all over North America that join our worship, we need to upgrade and coordinate the Sound System with the other technology needed for worship.

Currently, we have \$22,000 available in gifts, but it will take a lot more than that. If you are one who enjoys quality worship during the months that you are not in Yuma, and want great sound, so you don't miss anything, please consider an extra gift to the Sound System Upgrade.

Yes, it is a change. But we change, as needed, because we are "Walking with Jesus to bring new life and hope to every person!"

Looking forward to seeing you in worship!

Pastor Bill Timm

FROM THE VICE-PRESIDENT'S DESK



Gloria de Cristo is entering a period of growth and change. The demographics of Yuma is in a state of flux with many new people moving to the area. As these families get settled they will begin to look for a church to fulfill their needs.

Gloria de Cristo has always been a welcoming warm church and now is the time to reach out to visitors when you see new faces at worship services. Sometimes just a friendly smile and hello will help someone decide to come back and soon become a part of our church family. As you meet new neighbors invite them to attend any of our worship services and possibly accompany them. I remember when we first started coming to Yuma we met a nice couple who asked if we had a church to attend and we said we weren't sure. An invitation was extended to attend Gloria de Cristo and we have been a member of Gloria de Cristo ever since. Remember a smile, hello and conversation will work wonders.

-John Arnold

A note to Thrivent Members

A note to Thrivent Financial Members Thank you for the Thrivent Choice Dollars you directed in 2022 so far. The monies are put where our members request, or to the most needed areas. If you would like to have the remainder of your Choice Dollars go to help with our sound system update, please direct them by March 31, 2023. It is easy to do. By phone: Call Thrivent at 800-847-4836 and when prompted, say "Thrivent Choice." Press 1 to direct Choice Dollars and a representative will help you. Online: Visit [Thrivent.com/thriventchoice](https://www.thrivent.com/thriventchoice). In the Direct Choice Dollars section on the right, click "Get started now" and follow the prompts. Everyone's Choice Dollars add up to help support the ministries of Gloria de Cristo Lutheran Church!

Some observations about Lent:

Lent is a solemn religious observance in the liturgical calendar commemorating the 40 days Jesus spent fasting in the desert and enduring temptation by Satan, according to the Gospels of Matthew, Mark and Luke, before beginning his public ministry.

Lent is observed in the Anglican, Eastern Orthodox, Lutheran, Methodist, Moravian, Oriental Orthodox, Persian, United Protestant and Roman Catholic traditions. Some Anabaptist, Baptist, Reformed, and nondenominational Christian churches also observe Lent, although many churches in these traditions do not.

In most Lent-observing denominations, the last week of Lent coincides with Holy Week, starting with Palm Sunday. Following the New Testament narrative, Jesus' crucifixion is commemorated on Good Friday, and at the beginning of the next week, the joyful celebration of Easter Sunday, the start of the Easter season, which recalls the Resurrection of Jesus Christ. In some Christian denominations, Maundy Thursday, Good Friday, and Holy Saturday form the Easter Triduum. "However, it is known that the 40-day period of fasting before Eastertide – the season later named Lent – was clarified at the Nicene Council in 325.

Following the birth of Lutheranism in the Protestant Reformation, Lutheran church orders in the 16th century "retained the observation of the Lenten fast, and Lutherans have observed this season with a serene, earnest attitude." Many Lutheran churches advocate fasting during Lent, especially on Ash Wednesday and Good Friday. *A Handbook for the Discipline of Lent* published by the Evangelical Lutheran Church in America offers several guidelines for fasting, abstinence, and other forms of self-denial during Lent:

1. Fast on Ash Wednesday and Good Friday with only one simple meal during the day, usually without meat.
2. Refrain from eating meat (bloody foods) on all Fridays in Lent, substituting fish for example.
3. Eliminate a food or food group for the entire season. Especially consider saving rich and fatty foods for Easter.
4. Consider not eating before receiving Communion in Lent.
5. Abstain from or limit a favorite activity (television, movies etc.) for the entire season, and spend more time in prayer, Bible study, and reading devotional material.
6. Don't just give up something that you have to give up for your doctor or diet anyway. Make your fast a voluntary self-denial (i.e. discipline) that you offer to God in prayer.

The Lutheran Church–Missouri Synod, a confessional Lutheran denomination, likewise permits (but does not require) members to give things up for Lent, while emphasizing that the purpose of Lent is repentance from sin rather than minor acts of self-denial in themselves.



FELLOWSHIP

I have missed the end of January and all of February to date with an eye infection that turned into shingles in my left eye.

I want to thank everyone who has stepped forward to take on the duties of the Fellowship committee. Thank you to Merilee, Sandra and Mary for continuing the duties of Sunday morning fellowship hours. I also truly appreciate Diane Lee and Linda Kasin for taking on the planning and necessary legwork for the March 18 Ladies Luncheon.

I am not sure when I will be back, but in the meantime, Thank You to everyone who has called me, sent cards, brought food and continue to pray for my recovery.

Cheryl Preul, Fellowship Chairman

GLORIOUS QUILTERS



I feel like February just flew by!

The rest of our winter visitors are on their way back, if they're not here already. That's good news right!

The Glorious Quilters have been very busy with more and more quilts getting done. We've gotten a few more sewers join us. Remember YOU DON'T have to SEW to join in on the fun. We ALWAYS welcome you to come check us out, and then join in.

I've been picking some brains to help find us a larger space to move to. As you've read before we NEVER turn down fabric. That being said we need more space to spread out a bit and be able to see what we've got to work with. Bless all of you that have donated fabric and or monies to purchase the batting we use.

I want to offer a really SPECIAL THANK YOU to Stan Goter for always making sure our sewing machines are cleaned and in good working order. He also sharpens or scissors! Thank you too Ila for being such a good sport while he's busy working for us.

Remember every Monday 9am-12pm, come check the Ladies and see their talents.

God bless
Carol Schock



2 options:

Sunday afternoons, From 11:30 am-1:30 pm
in the Fellowship Hall Classroom

**Note on March 12th will meet at 1:30 pm

**March 19th and March 26th will meet at 12 pm

Monday mornings, from 10am-12 pm
in the Fellowship Hall Classroom

LADIES INSPIRATIONAL LUNCHEON

Our annual Ladies Luncheon will be
on Saturday March 18th at 11:30 am.

Tickets will be sold before and after worship services on
March 4th and 5th and also March 11th and 12th.

Tickets are \$12 each and there is a limited number, so if you'd like to
attend make sure to pick one up!

There will be lunch, a speaker, raffle and door prizes along with some
beautiful music! Please join us!

MENTAL HEALTH MINISTRY

Men Get Depression

How is it possible in the country leading the world in medical science, one in four men have a disabling illness that torments them and their families and most never receive treatment for it? **Men of all ages, ethnic origins, and walks of life get depressed...so why don't men look for help?** They may feel weak or ashamed - that it's not "manly" to feel sad. **Men Get Depression** is a public awareness campaign that will help men and their families dealing with depression understand they are not alone.

Signs and Symptoms

Depression has a number of signs and symptoms. Sometimes men or those closest to them, may not see the signs. Men are each affected in different ways, but three of the most common signs are **pain, risk taking, and anger.**

Pain Depression may show up as physical signs like constant headaches, stomach problems, or pain that doesn't seem to be from other causes or that doesn't respond to normal treatments.

Risk Taking Sometimes depressed men will start taking risks like dangerous sports, compulsive gambling, reckless driving, and casual sex.

Anger Anger can show itself in different ways like road rage, having a short temper, being easily upset by criticism, and even violence. Here are some other common signs, especially if they last for a few weeks or months:

- Feeling guilty, worthless, or that you always fail
- Feeling restless and/or irritable
- Problems sleeping (not sleeping or sleeping too much), having no energy.
- Feeling angry, violent, anxious, sad, or nervous
- Feeling like you can't work or get things done.
- Using alcohol or drugs to feel better, changes in appetite and/or weight.
- Losing interest in hobbies, work, and/or sex
- Having problems focusing, remembering, or making choices
- Not caring about anything or feeling "blank"
- Feeling alone, being negative about everything
- Thinking about death or suicide

Getting Help If you think you may be depressed, seeing a professional can help you figure out if you really are or not. And, if you are, they can come up with the best treatment plan for you.

A lot of men only tell their doctor about the physical symptoms, like back pain, not sleeping, or headaches. **This is one of the reasons that depression in men is often overlooked and never treated.** That's why it's important to be as open as you can with your doctor about how you are feeling – **both in your mind and in your body.** That way, your doctor can figure out if it is depression, or if other health problems are making you feel the way you do.

If your doctor decides that you are depressed, he or she may give you the name of someone like a psychiatrist, psychologist, therapist, or counselor to talk with to learn what you can do to get better. Your doctor may also be able to prescribe some medication.

Resource: www.mengetdepression.com/resources mengetdepression.com/outreach videos



Mens' Breakfast will meet on the first Saturday of the month at 8am at Daybreakers. Please join us for a time of food and fellowship!!

This month– March 4th

OUTREACH

Mathew 7: 7-14

I encourage you to look this up in your bible. This is a very good passage I believe because if you are in need of something or know someone who is in need ask someone will be glad to help. If you sit idle and do nothing it will pass you up.

Also, on the same token you can see when some one is doing good by the deeds that they are doing. If they are a good person, they will do you good. On the other hand, if you see someone doing something bad say something and thwart the bad deed.

Some of the good things you can do is serve. There are many ways you can serve. One of the ways I serve is by being on the board of council as an Outreach chair. This is a very uplifting job and has boundless satisfaction. Another way I serve is to run the annual yard sale. It also is very satisfying. So, think about doing good deeds and get out there and serve.

Go the extra mile, open the door for someone with their hands full, pick up a piece of trash, show someone a smile just because you are happy. Little things can add up.

There are a lot of events going on locally here at the church. Check the bulletin and the newsletter for schedules.

If you need anything, feel free to contact me.

Joe Johnson
509-679-1933

SOCIAL CONCERNS

Promote understanding of the human needs and social problems within our congregation, the community, and beyond

The month of February brought us another new member, Jeanette Miller. Our new members have injected new enthusiasm ideas. Their willingness to contribute ideas and follow-through is appreciated. We will keep you informed as these ideas become reality.

Barb Blank has oriented several people to the food bank delivery process. New folks have volunteered to assist who are not committee members. Their help is greatly appreciated. You do not have to be a member to assist with any of the social concerns projects. Our committee exists to identify needs of social concern and mobilize the congregation to assist.

We continue with our ongoing projects: monthly food bank donations, collection center and card project.

Thank you for your support.

Blessings
Evelyn Trone, Chairperson

1Peter 4:10 (ESV)

As each received a gift, use it to serve one another, as good stewards of God's varied gifts.

SOUP SUPPERS FOR LENT

SOUPS ON....DO YOU LIKE TO COOK?

As in past years, during the Lenten season various groups will prepare and serve soup from 4:30-6 p.m. in Fellowship Hall on Wednesday evenings before worship.

This year's schedule is:

March 1 – Altar Committee (Broccoli Cheese)

March 8 – Church Choir

March 15 – WELCA

March 22 – Glorious Quilters (Taco)

March 29 – OPEN

Anyone not in the above groups that would like to share their favorite soup recipe? If that's you, please give Char Schomisch a call at to fill the Open spot on March 29th. Invite other church family members to join you for preparation and serving.





WELCA AT GLORIA DE CRISTO LUTHERAN CHURCH

Once again, March is filled with Gloria de Cristo activities. In addition to the Wednesday evening Lenten services and accompanying Soup Suppers, the annual Book Sale, a Gather Potluck and the every other Saturday Days For Girls Work Parties are scheduled. WELCA will be focusing on the Gather Potluck, scheduled Tuesday, March 7th, the March 15th Soup Supper and the March 4th Days For Girls Work Party. A Planning meeting for the WELCA events is scheduled March 1st at 3:45 pm.

Whew! Take a breath. There's a lot going on which translates to a lot of opportunities for us all to jump in and help out. It seems all of our committees need involvement. Looking ahead for WELCA, the Easter Breakfast is on April 9th. In May, WELCA honors Rachel's day, highlighting gun violence. In September, the WELCA Triennial happens in Phoenix. Our women will have opportunity to register and attend when more information is available. We pray for God's guidance and that we listen and act upon it.

With thanks to God,

Donna Brown



Youth and Education

The Youth Book Sale is scheduled for March 10th and 11th 2023. The funds generated will go to send eligible youth members to the 2024 ELCA Youth Gathering. Book donations will be accepted any time from now until the day of setup on March 9th. Please drop them off at the church office during office hours.

All Committees can use additional members as we focus on the tasks to be done and the decisions to be made that benefit the entire Gloria de Cristo family and our community. Please consider volunteering your time and talents.

Diane Lee, Chairperson

WORSHIP & MUSIC



We are entering the month of March and into the Lenten season of the church. Several of the groups in church have volunteered to prepare soup for the Wednesday Soup Suppers. It is hoped that you will participate in this activity and then attend the evening worship service. Soups you can enjoy include: Broccoli Cheese, Vegetable beef, Chicken and wild rice, and Taco. I am still waiting for a volunteer to coordinate the last supper on March 29th.

I am also in need of volunteers to be Ushers and greeters at the Wednesday evening services. If you plan to attend and can help out, please let me know soon. Several of our members will be doing the teaching for those services. Lent is our journey to the cross. It is important that you take that journey from beginning to the end to get the whole story so make it a part of your weekly schedule of activities. It's a neat experience!

We will again be asking for congregants to sponsor Easter Lilies to adorn the altar for Easter Sunday. The form for those should appear in the bulletin about the third week of March, so please be thinking about that.

I am so grateful for the many who volunteer to be a part of our worship service every weekend. I hope you find it rewarding also.

Char Schomisch, Co-Chair

PERSONAL VISITATION BY PASTOR ..

To support people at the time of illness or injury, Pastor and other members do make personal visits in the hospital, homes, and Care Centers. Hospitals and Care Centers do not notify us that you are there. Please call if you want us to know. Do not hesitate to call the church office at 342-6002, if you have not seen Pastor and would like a visit. After hours, please leave a message on the church answering machine. We ask your permission before we include your name on our printed prayer list.

(Fellow members are also encouraged to let the church office know if someone is in the hospital!)

Thank you.....



Thank you to everyone who came out for the drama dinner theater. For those that asked for the dessert recipe, here it is:

Moroccan Date Dessert

{Cook time} 33 to 35 minutes-serves 16

3 eggs

1 $\frac{3}{4}$ cups sugar

1 cup vegetable oil

2 cups flour

1 tsp. cinnamon

1 tsp. salt

1 tsp. baking soda

2 cups apples, peeled and thinly sliced

1 cup dates, pitted and chopped, pressed firmly into cup

1 cup chopped walnuts

Preheat oven to 350 degrees F.

Grease TWO 6X 9inch BAKING PANS

In large bowl (I used my Kitchen Aid mixer)

beat together eggs, sugar, and oil Until light and fluffy.

Stir in flour, cinnamon, oil and baking soda.

Gently fold in apples nuts, dates.

Transfer into two baking pans. Bake 33-35 min

Or until toothpick inserted into center comes out clean

Sprinkle with powdered sugar while warm.

ALTAR FLOWERS FOR MARCH



- 3/5 Terry & Sunnee Rodgers for daughter Tracey
- 3/12
- 3/19
- 3/26 Larry Unger in memory of wife RoseMarie
- 3/26 Jim and Linda Bryant in honor of their 59th wedding anniversary



MARCH BIRTHDAYS

- | | | | | | |
|---|-------------------|----|--------------------|----|-----------------|
| 1 | Jan Achen | 7 | Jerry Stapleton | 22 | Nancy Griffiths |
| 1 | Gary Harris | 8 | Paula Stovall | 22 | DuWayne Hagen |
| 1 | Sandy Timm | 8 | Bev Theroux | 23 | Carol Roark |
| 1 | Carolyn Wade | 9 | Gary Meisner | 24 | Marcia Severson |
| 5 | Ginger Van Winkle | 11 | Kathy Mackey | 26 | Ann Alcaraz |
| 6 | Verna Arnold | 17 | Marian Vogt | 28 | Donna Ford |
| 6 | Lois Hundtoft | 17 | Randy Zieman | 28 | Paul Leshar |
| 6 | Gene Miller | 18 | Shirley Thorvilson | 28 | Diane Urrey |
| 6 | Sharon Noltemeyer | 19 | Jim Bryant | 31 | Heather Gordy |
| 7 | Jackie Feaver | 19 | Linda Warren | 31 | Tony Hoffman |
| 7 | Don Spaude | 21 | Fabian Perez | | |

MARCH ANNIVERSARIES



- | | | | |
|------|--------------------|------|----------------------|
| 3/21 | Jim & Linda Bryant | 3/31 | Earl & Robin Marlatt |
| 3/28 | Don & Diane Urrey | | |



FINANCIAL INFORMATION

JANUARY

Statement of Income & Expenses for Gloria de Cristo Lutheran

	YEAR TO DATE		
	2022	2023	
REVENUE	\$42,018	\$33,001	
EXPENSE	41,277	34,596	
NET INCREASE	741	(\$1,595)	
IN PERSON ATTENDANCE	890	1317	
ON-LINE CONNECTIONS	760	786	
ADDITIONAL PERSONS	912	943	
TOTAL	2562	3046	

SOUND SYSTEM UPDATE:

We will be updating the sound and live stream systems. The cost is estimated between \$30,000 - \$50,000k. Any funds that you would like to be designated for the sound system update, please note on your check, or envelope, or call the church office.

Thank you all for your continued support!

MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>5</p> <p>Worship 7:45 & 9:30 POTLUCK & FOOD COLLECTION 11:30 pm GriefShare 1:00 pm Foothills Social</p>	<p>6</p> <p>9:00 am Glorious Quilters 10:00 am GriefShare 12:00 pm Worship Meeting 12:30 pm Bible Study</p>	<p>7</p> <p>7:00am-9:00am TOPS 10:00- Tom Radke Memorial 10:00 am Meditation Group 1:00 pm Foothills Social 4:00 pm Mental Health Ministry 5:00 pm WELCA Potluck</p>	<p>1</p> <p>8:30 am-11:00 am Stephen Ministry Training 3:45 pm WELCA Meeting 4:00 pm Bells of Glory 4:30 pm Soup Supper 6:00 pm Lenten Worship 7:00 pm Choir</p>	<p>2</p> <p>7:00am-9:00am TOPS 5:00pm-7:00 pm TOPS</p>	<p>3</p> <p>8:00am-10:00 am TOPS 10:00 am Joan Moody Memorial 1:00 pm Foothills Social 6:00 pm Women's AA</p>	<p>4</p> <p>8:00 am- Men's Breakfast at Daybreakers 9AM- 1PM DAYS FOR GIRLS 4pm Worship</p>
<p>12</p> <p>Worship 7:45 & 9:30 11:15 am Bev Gedde Memorial 1:30 pm GriefShare 2:00 pm Foothills Social</p>	<p>13</p> <p>9:00 am Glorious Quilters 10:00 am GriefShare 12:30 pm Bible Study 1:30 pm Fellowship Meeting</p>	<p>14</p> <p>7:00am-9:00am TOPS 10:00 am Zoom Bible Study 11:00 am Stephen Ministry Supervision- 2021-2022 class 1:00 pm Foothills Social</p>	<p>15</p> <p>8:00 am Staff Meeting 8:30 am-11:00 am Stephen Ministry Training 4:00 pm Bells of Glory 4:30 pm Soup Supper 6:00 pm Lenten Worship 7:00 pm Choir</p>	<p>16</p> <p>7:00am-9:00am TOPS 9:00 am Stephen Ministry Supervision 2020 and before classes 5:00pm-7:00 pm TOPS</p>	<p>17</p> <p>8:00am-10:00 am TOPS 1:00 pm Foothills Social 6:00 pm Women's AA</p>	<p>18</p> <p>11:30 am - Ladies Luncheon 4pm Worship</p>
<p>19</p> <p>Worship 7:45 & 9:30 12:00 pm GriefShare 1:00 pm Foothills Social</p>	<p>20</p> <p>9:00 am Glorious Quilters 10:00 am GriefShare 12:30 pm Bible Study</p>	<p>21</p> <p>7:00am-9:00am TOPS 10:00 am Zoom Bible Study 10:00 am CareGiver Support Group 1:00 pm Foothills Social 4:00 pm Executive Council 4:30 pm Council Meeting</p>	<p>22</p> <p>8:00 am Staff Meeting 8:30 am-11:00 am Stephen Ministry Training 8:30 am -4:00 pm All Day Card Tournament 4:00 pm Bells of Glory 4:30 pm Soup Supper 6:00 pm Lenten Worship 7:00 pm Choir</p>	<p>23</p> <p>7:00am-9:00am TOPS 5:00pm-7:00 pm TOPS</p>	<p>24</p> <p>7:00am-9:00am TOPS 5:00pm-7:00 pm TOPS</p>	<p>25</p> <p>4pm Worship</p>
<p>26</p> <p>Worship 7:45 & 9:30 12:00 pm GriefShare 1:00 pm Foothills Social</p>	<p>27</p> <p>9:00 am Glorious Quilters 10:00 am GriefShare 12:30 pm Bible Study</p>	<p>28</p> <p>7:00am-9:00am TOPS 10:00 am Zoom Bible Study 1:00 pm Foothills Social</p>	<p>29</p> <p>8:00 am Staff Meeting 8:30 am-11:00 am Stephen Ministry Training 4:00 pm Bells of Glory 4:30 pm Soup Supper 6:00 pm Lenten Worship</p>	<p>30</p> <p>7:00am-9:00am TOPS 5:00pm-7:00 pm TOPS</p>	<p>31</p> <p>7:00am-9:00am TOPS 5:00pm-7:00 pm TOPS</p>	



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MARCH 2023



PASTOR: Bill Timm
ORGANIST: Dr. Shirley Ehler
PIANISTS: Marie Ritten & Jean Abel
BELLS OF GLORY: Kay Lee Grunst

Stephen Ministry Leaders:: Michelle Cegon, Pastor Timm,
Jim & Sherrie Wehrer

Church Secretary: Kate Harwood
A/V Technician: Brennen Harwood

CHURCH COUNCIL MEMBERS

PRESIDENT: Sharon Merz
VICE PRESIDENT: John Arnold
SECRETARY: Kathy Edwards
TREASURER: Terre Munk

MINISTRY TEAM LEADERS:

EDUCATION: Diane Lee
FELLOWSHIP: Cheryl Preul
OUTREACH: Joe Johnson
PROPERTY: Dave Donaldson
SOCIAL CONCERNS: Evelyn Trone
STEWARDSHIP: Gary Raasch
WORSHIP & MUSIC: Char Schomisch